

# APKASS 2026 Korea & ICKAS 2026

Asia-Pacific Knee, Arthroscopy, Arthroplasty, Shoulder, and Sports Medicine Society  
in conjunction with 2026 Annual International Congress of the Korean Arthroscopy Society

September 10 (Thu) - 12 (Sat). 2026 Grand Hyatt, Incheon, Korea

## Speaker CV Form

\*Please provide your CV of **1-2 pages** in length, including details of the following items. This will be posted on the Congress website.

<b>Name</b>	Theodore Blaine MD MBA
<b>Current Position &amp; Affiliation</b>	Professor of Orthopaedic Surgery, Weill Cornell Medicine and Hospital for Special Surgery, Vice Chair Research and Education (CT)
<b>Country</b>	USA

### Educational Background

- Princeton University A.B. in English, 1988
- University of Connecticut School of Medicine, Doctor of Medicine, 1993
- Brown University, Masters of Arts, Ad Eundem, June 2009
- Yale University, Masters of Arts, Privatim, 2016
- Yale University, Yale School of Management, Certificate in Business Administration, 2015
- Massachusetts Institute of Technology, Master in Business Administration, 2024
- Columbia University, Columbia-Presbyterian Medical Center
- Fellow, Shoulder and Elbow Surgery/ Sports Medicine, 2000.
- Mayo Clinic, Visiting Fellow, Elbow Surgery, 2000
- The University of Rochester, Instructor/Fellow, Orthopaedic Research, 1995
- Resident in Orthopaedic Surgery, 1999.

### Professional Experiences

- Co-Founder and Editor in Chief of *Journal of Shoulder and Elbow Arthroplasty*
- Vice Chair, Research and Education, Hospital for Special Surgery, CT
- Program Director, OREF/ASES/Rockwood Clinical Shoulder Research Grant Program, 2022 to present.
- Co-founder, CMO and Board Chair, Opdoc Digital Solutions, 2024.  
<http://www.opdoc.ai/>
- Board of Directors, *Catalyst Orthoscience*, 2025-present.
- Founder and Co-Director  
*Boston Orthopaedic Technology Summit*  
Cambridge Innovation Center  
May 22-23, 2026.
- Professor of Clinical Orthopaedic Surgery  
Weill Cornell Medical College  
Cornell University

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10/19/2019 to present

- Fellowship Co-Director (Founder)  
Shoulder and Elbow Fellowship  
University of Connecticut School of Medicine  
1/1/2018 to 10/18/19.
  - Physician in Chief,  
HHC Bone and Joint Institute  
1/1/2018 to 10/18/19.
  - Clinical Professor, Core Faculty  
Chief of Orthopaedics, Hartford Hospital  
University of Connecticut School of Medicine  
1/1/2018 to 10/18/19.
  - Professor of Orthopaedic Surgery  
Yale School of Medicine  
7/1/2015 to 12/31/17.
  - Chair and Chief of Orthopedics  
Department of Orthopaedics and Rehabilitation  
Yale School of Medicine  
3/1/16 to 10/1/17.
  - Director of Fellowship Education  
Yale Department of Orthopaedics and Rehabilitation  
9/2014 to 12/31/17.
  - Fellowship Director (Founder),  
Yale University Shoulder and Elbow Fellowship  
11/1/2011 to 12/31/17.
  - Associate Professor of Orthopaedic Surgery  
Yale School of Medicine  
10/1/2011 7/1/2015
  - Fellowship Director (Founder),  
Brown University Shoulder and Elbow Fellowship  
9/17/2009 to 10/15/2011.
  - Associate Professor of Orthopaedic Surgery  
Brown Alpert Medical School  
9/15/2007 to 10/15/11.
  - Director of Shoulder and Elbow Research Laboratories  
Rhode Island Hospital Orthopaedic Foundation  
Department of Orthopaedic Surgery  
Brown Alpert Medical School  
12/10/2008 to 10/15/11.
  - Associate Professor of Orthopaedic Surgery  
Columbia-Presbyterian Medical Center  
New York Presbyterian Hospital  
7/01/2007 to 9/15/2007
  - Associate Director Columbia University Center for Shoulder, Elbow, Sports  
Medicine  
622 West 168<sup>th</sup> Street, PH 11<sup>th</sup> Floor
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New York, New York, 10032

7/1/2000 to 9/15/2007

- Co-Director

Columbia University Center for Orthopaedic Research, New York, NY

8/01/2002 to 9/15/2007

- Assistant Professor of Orthopaedic Surgery

Columbia-Presbyterian Medical Center

New York Presbyterian Hospital

7/01/2000 to 6/30/2007

- Instructor/Fellow, Orthopaedic Research

The University Of Rochester School Of Medicine & Dentistry, Rochester, NY.

7/01/1994 –6/30/1995.

- Research Fellow

University of Connecticut Health Center

Dept. of Orthopaedics and Endocrinology,

5/15/1990-8/31/1990.

- Research Fellow

The National Institutes of Health, Bethesda, MD.

Molecular Cellular Neuroendocrinology Branch,

5/15/1987-8/31/1987.

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## Main Scientific Publications

1. Finkel KJ, Walker A, Maffeo-Mitchell CL, Nissen C, Kainkaryam P, Sposito J, Shearier E, Takata ET, Staff I, Blaine T, and Nagarkatti D: *Liposomal bupivacaine provides superior pain control compared to bupivacaine with adjuvants in interscalene block for total shoulder replacement: a prospective double-blinded randomized controlled trial*, J SHOULDER AND ELBOW SURG, Jul 33(7): 1512-1520, 2024.
  2. Kassam, HF, Valk J, Wiseman S, Blaine LN, Mata-Fink A, Tommasini S, and Blaine TA: *Glenoid Component Cyclical Failure with increasing baseplate contact: a biomechanical study*. JOURNAL OF SHOULDER AND ELBOW SURGERY SEMINARS IN ARTHROPLASTY, Dec. 2024.
  3. Brusalis C, Glenday J, Fu, M, Dines J, Blaine T, Dines D Gulotta L, Taylor S, and Kontaxis A: *Type Of Lateralization In Reverse Total Shoulder Arthroplasty Matters: A Comparison of Glenoid and Humeral Lateralization on Rotator Cuff Biomechanics*, JOURNAL OF SHOULDER AND ELBOW SURGERY, submitted for review, Nov. 2025.
  4. Berardino K<sup>1</sup>, Aminov A<sup>1</sup>, Blaine S<sup>2,3</sup>, Prather J<sup>1</sup>, Patel R<sup>1</sup>, Cirino C<sup>4</sup>, Blaine TA<sup>4</sup>: *Latissimus Dorsi Tendon (LDT) Transfer Posterior to Long Head Triceps (PLHT) Tendon in Reverse Total Shoulder Arthroplasty: A Case Report, Review of Literature, and Novel Surgical Technique*, JOURNAL OF SHOULDER AND ELBOW ARTHROPLASTY, in revision, Nov. 2025.
  5. Aminov A, Berardino K, Blaine S, Greene S PA-C, Cirino C M, Blaine T A. *Pedicle Pectoralis Major Transfer for Anterior Deltoid and Acromial Deficiency Following Reverse Total Shoulder Arthroplasty: A Case Report*. JOURNAL OF SHOULDER AND ELBOW ARTHROPLASTY, submitted for review, Nov. 2025.
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6. Kew M, Mathew J, Sethurama S, Kaback L, Sethi P, Akyuz E, and Blaine TA: *Use of a Krackow Suture Technique with PEEK Barrel Augmentation for Subscapularis Repair is Stronger Than Use of a Mason-Allen Suture Technique*, JOURNAL OF SHOULDER AND ELBOW SURGERY SEMINARS IN ARTHROPLASTY, 34(3): 685-692, 2024.
7. Wiater JM and Blaine TA: *Update from the Editors in Chief*, JOURNAL OF SHOULDER AND ELBOW SURGERY SEMINARS IN ARTHROPLASTY, 34(2): 275, 2024.
8. Kunze KN, Bobko A, Matherw JI, Polce EM, Manzi JE, Nicholson A, Finocchiaro A, Estrada J, Zeitlin J, Meza B, Taylor S, Blaine TA, Warren RF, Fu MC, Dines JS, and Gulotta LV: *A machine learning analysis of patient and imaging factors associated with achieving a clinically substantial outcome improvements following total shoulder arthroplasty: Implications for selecting anatomic or reverse prosthesis*, J SHOULDER ELBOW SURG. 2024 July 16(4): 382-389, 2024.
9. Kew ME, Mathew JI, Wimberly AC, Fu MC, Taylor SA, Blaine TA, Carli AV, Dines JS, Dines DM, Gulotta LV: *Outcomes after debridement, antibiotics and implant retention for prosthetic joint infection in shoulder arthroplasty*, J. SHOULDER AND ELBOW SURG., Feb 33(2): e68-e78, 2024.
10. Ponce RB, Wrenn SP, White AE, Healy R, Brusalis CM, Cirino CM, Blaine TA, Taylor SA: *Shoulder Arthroplasty in the Upper Extremity Weight-bearing Patient: A Systematic Review of Clinical Outcomes and Complications*. J SHOULDER ELBOW SURG. 2024 May 27:S1058-2746(24)00384-7. doi: 10.1016/j.jse.2024.03.067. Online ahead of print.PMID: 38810910
11. Moran J, Fu M, Taylor S, Dines J, Blaine TA, Dines D, and Gulotta L: *Factors associated with humeral stem revision in Anatomic to reverse total shoulder arthroplasty revision*, J SHOULDER ELBOW SURG., 2023 Feb 24: S1058-2746, 2023.
12. Jovan JD, Marcel J, Myrick KM, Feinn RS, and Blaine TA: *Resident involvement in shoulder stabilization procedures is not associated with an increased risk of 30-day postoperative complications*, ARTHROSC SPORTS MED REHABIL, Jul 5(4): 100764, 2023.
13. Wiater JM and Blaine TA: *Update from the Editors in Chief*, JOURNAL OF SHOULDER AND ELBOW SURGERY SEMINARS IN ARTHROPLASTY, 32(9): 1762, 2023.
14. Kew ME, Mathew JI, Moran J, Fu MC, Taylor SA, Dines JS, Blaine TA, Dines DM, Gulotta LV: *Factors associated with humeral stem revision in anatomic to reverse total shoulder arthroplasty revision*, J. SHOULDER AND ELBOW SURG., Sept. 32(9): 1867-1875, 2023.
15. Moran J, Kahan JB, Cheng R, Amaral J, Coxe FR, Manzi JE, and Blaine TA: *Clinical outcomes of a canal-sparing shoulder arthroplasty system at a minimum of 2-year follow-up*, JOURNAL OF SHOULDER AND ELBOW SURGERY SEMINARS IN ARTHROPLASTY 34(1) 203-208, 2023.
16. Vander Voort W, Saad M, Falgout D, Blaine TA, and Kassam HF: *Small-Bore Needle Arthroscopic Extensor Carpi Radialis Brevis Release results in improved outcomes at one year postoperatively*, ARTHROSCOPIC SPORTS MED REHABIL, Dec 23;5(1):e159-164, 2022.
17. Nicholson A, Carey E, Mathew J, Pinnamaneni S, Jahandar A, Kontaxis A, Dines D, Blaine TA, Fu M, Rodeo S, Warren R, Gulotta L, and Taylor S: *Biomechanical analysis of anterior instability after 15% glenoid bone loss: comparison of bankart repair, dynamic anterior stabilization, dynamic anterior stabilization with bankart repair, and latarjet*, J SHOULDER ELBOW SURG, Nov: 31(11): 2358-2365, 2022.

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18. Nicholson A, Apostalagos J, Mathew J, Blaine TA, Taylor S, Dines D, Dines J, Fu, M, Warren R, Gulotta L, and Kontaxis A: *Biomechanical Comparison of Three Latissimus Dorsi Transfer Sites for Reverse Total Shoulder Arthroplasty in the Absence of Teres Minor*, JOURNAL OF SHOULDER AND ELBOW SURGERY, 2022 Jan 17;S1058-2746(22)00131-8. doi: 10.1016/j.jse.2021.12.018.
19. Moran J, Gillinov S, Schneble C, Jimenez A, Vaswani R, Mathew J, Manzi J, Nicholson A, Blaine TA, Altchek D, Gulotta L, and Dines J: *Open debridement alone versus debridement with tendon repair for lateral epicondylitis: A comparison of complications and 5-year reoperation rates from a large insurance database*, ORTHOP J SPORTS MED, Sep 2:10(9):23259671221120812, 2022.
20. Kahan J, Schneble C, Applonie R, Nicholson A, Whittall I, Talley-Bruns R, Jorgensen A; Moran J, Lavette N; Ware JK; Lee F; and Blaine TA: *Early results of the Arthroscopic Suprapectoral Krackow (ASK) Biceps Tenodesis*, JOURNAL OF SHOULDER AND ELBOW SURGERY: Reviews, Reports and Techniques, 1: 96-101, 2021.
21. Nicholson A, Mathew J, Schwartz M, Koch C, Kontaxis A, Wright T, Taylor S, Blaine T, Dines J, Dines D, Fu M, Warren R, and Gulotta L: *Backside polyethylene wear in reverse shoulder arthroplasty*. JOURNAL OF SHOULDER AND ELBOW SURGERY, 2021 Oct 4;S1058-2746(21)00708-4. doi: 10.1016/j.jse.2021.09.002
22. Nicholson AD and Blaine, TA: *Treating Massive Glenoid Bone Deficiency with a Custom Metal Glenoid Implant*, Grand Rounds from HSS: Management of Complex Cases in Shoulder Arthroplasty, Volume 10, Issue 1:5-7, August 2021.
23. Theodore A. Blaine, MD, FAOA, FAAOS; John Grady-Benson, MD, FAAOS; Stacey Lombardi, MBA; and Courtland Lewis, MD, FAAOS: *The Success of Physician-hospital Co-management Agreements: Five-year update on performance of Hartford Healthcare's Bone and Joint Institute*: AAOS NOW, March 2021.
24. Nicholson AD, Kahan JB, Li DT, Esparza R, Berman JE, Moran J, and Blaine TA: *Predicting Length of stay after shoulder arthroplasty*, JOURNAL OF SHOULDER AND ELBOW SURGERY SEMINARS IN ARTHROPLASTY 32(1) 154-161, 2021.
25. Truntzer J, Vopat B, Schwartz J, Anavian J, Barnds BL, Blaine TA, and Green A: *Comparison of postoperative anatomy using anatomic total shoulder arthroplasty versus soft tissue balancing total shoulder arthroplasty*, J Am Acad Orthop Surg Oct 29(19): 848-854, 2021.
26. Steven S. Goldberg, M.D.<sup>1</sup>; Eric S. Baranek, M.D.<sup>2</sup>; Kayla C. Korbel, B.S.<sup>1</sup>; Theodore A. Blaine, M.D.<sup>3</sup>; William N. Levine, M.D.<sup>2</sup> *Anatomic total shoulder arthroplasty using a stem-free ellipsoid humeral implant in patients of all ages* JOURNAL OF SHOULDER AND ELBOW SURGERY, 2021, DOI: <https://doi.org/10.1016/j.jse.2020.12.006>
27. Lisa M. Tamburini, BS<sup>1</sup>, Benjamin J. Levy, MD<sup>2</sup>, Mary Beth McCarthy, BS<sup>2</sup>, Danielle E Kriscenski, BS<sup>1</sup>, Mark P. Cote, DPT<sup>2</sup>, Ryan Applonie, DO<sup>4</sup>, Paul M. Sethi, MD<sup>4</sup>, Amir Lebaschi MD, Theodore A. Blaine, MD<sup>3</sup>, Augustus D. Mazzocca, MS,MD<sup>2</sup>: *The Interaction Between Human Rotator Cuff Tendon and Subacromial Bursa in Culture*, JOURNAL OF SHOULDER AND ELBOW SURGERY, 2020. Published: November 13, 2020, DOI:<https://doi.org/10.1016/j.jse.2020.09.025>