

# APKASS 2026 Korea & ICKAS 2026

Asia-Pacific Knee, Arthroscopy, Arthroplasty, Shoulder, and Sports Medicine Society  
in conjunction with 2026 Annual International Congress of the Korean Arthroscopy Society

September 10 (Thu) - 12 (Sat). 2026 Grand Hyatt, Incheon, Korea

## Speaker CV Form

\*Please provide your CV of **1-2 pages** in length, including details of the following items. This will be posted on the Congress website.

<b>Name</b>	Norimasa Nakamura
<b>Current Position &amp; Affiliation</b>	Professor, Osaka Health Science University
<b>Country</b>	Japan

### Educational Background

1982-1988	Osaka University Medical School
1990-1994	Osaka University Graduated School of Medicine, PhD
1996-1999	POSTDOCTORAL FELLOWSHIP Dr. Cy Frank, McCaig Centre for Joint Injury and Arthritis Research, University of Calgary
2013	Fellow of Royal College of Surgeons (FRCS) (England)

### Professional Experiences

Professor, Institute for Medical Science in Sports, Osaka Health Science University

Invited Professor, Global Center for Medical Engineering and Informatics, Osaka University

Guest Professor, Department of Orthopaedic Surgery, Hokkaido University Graduate School of Medicine

Executive committee (Assistant Treasurer), ISAKOS

Past President, ICRS

Executive board, Japan Sports Orthopaedic Society

Executive board, Japan Knee Society

Executive board, Japan Osteotomy Society

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## Main Scientific Publications

1. Kon E, Papakostas E, Andriolo L, Semer A, Massey A, Verdonk P, Angele P, Arias C, Kaleka CC, Cugat R, D'Hooghe P, Della Villa F, Eirale C, Erggelet C, Espregueira-Mendes J, Fink C, Geertsema C, Geertsema L, Lee CA, Mandelbaum B, Nakamura N, Parker DA, Sas K, Sonnery-Cottet B, van der Merwe W, Williams A, Zaffagnini S, Zikria BA, Filardo G. ICRS-FIFA-Aspetar consensus on the management of knee cartilage injuries in football players: part 1 - appropriateness of surgery in different clinical scenarios using the RAND/UCLA appropriateness method. *Br J Sports Med.* 2025 59(13):902-911.
2. Hurley ET, Sherman SL, Stokes DJ, Rodeo SA, Shapiro SA, Mautner K, Buford DA, Dragoo JL, Mandelbaum BR, Zaslav KR, Cole BJ, Frank RM, Nakamura N et al.; Members of the Biologics Association Experts Achieve Consensus on a Majority of Statements Regarding Platelet-Rich Plasma Treatments for Treatment of Musculoskeletal Pathology. *Arthroscopy.* 2024 40(2):470-477
3. Shimomura K, Ando W, Hart DA, Nakamura N. A novel scaffold-free mesenchymal stem cell-derived tissue engineered construct for articular cartilage restoration - From basic to clinic. *Regen Ther.* 2024 26: 124-131.
4. Shimomura K, Wong KL, Saseendar S, Muthu S, Concaro S, Fernandes TL, Mahmood A. Exploring the Potential of MSC-derived Extracellular Vesicles as Cell-Free Therapy for Osteoarthritis: A Narrative Review. *Journal of Cartilage & Joint Preservation.* 2024 4(2): 100184.
5. Hanai H, Hart DA, Jacob G, Shimomura K, Ando W, Yoshioka Y, Ochiya T, Nakagawa S, Nakamura M, Okada S, Nakamura N. Small extracellular vesicles derived from human adipose-derived mesenchymal stromal cells cultured in a new chemically-defined contaminant-free media exhibit enhanced biological and therapeutic effects on human chondrocytes in vitro and in a mouse osteoarthritis model. *J Extracell Vesicles.* 2023 12(7):e12337.
6. Nakagawa S, Ando W, Shimomura K, Hart DA, Hanai H, Jacob G, Chijimatsu R, Yarimitu S, Fujie H, Okada S, Tsumaki N, Nakamura N. Repair of osteochondral defects: efficacy of a tissue-engineered hybrid implant containing both human MSC and human iPSC-cartilaginous particles. *NPJ Regen Med.* 2023 8(1):59.
7. Kita K, Kusano M, Tsujii A, Otori T, Tanaka Y, Nakamura N, Nakata K. Meniscal Circumferential Fiber Augmentation: A Biomechanical Arthroscopic Meniscal Repair Technique. *Arthrosc Tech.* 2023 Sep 4;12(10):e1673-e1678.
8. Naomasa Yokota, Stephen Lyman, Hiroto Hanai, Kazunori Shimomura, Wataru Ando, Norimasa Nakamura. Clinical Safety and Effectiveness of Adipose-Derived Stromal Cell vs Stromal Vascular Fraction Injection for Treatment of Knee Osteoarthritis 2-Year Results of Parallel Single-Arm Trials *Am J Sports Med* 2022 1-10
9. Shimomura K, Rothrauff BB, Hart DA, Hamamoto S, Kobayashi M, Yoshikawa H, Tuan RS, Nakamura N. Enhanced Repair of Meniscal Hoop Structure Injuries Using An Aligned Electrospun Nanofibrous Scaffold Combined with a Mesenchymal Stem Cell-derived Tissue Engineered Construct. *Biomaterials.* 2019 192: 346-354.
10. Bannuru RR, Osani MC, Vaysbrot EE, Arden N, Bennell K, Bierma-Zeinstra SMA, Kraus VB, Lohmander LS, Abbott JH, Bhandari, M, Blanco F, Espinosa R, Haugen IK, Lin, J, Mandl LA, Moilanen E, Nakamura N, Snyder-Mackler L, Trojian T, Underwood M, McAlindon TE. OARSI guidelines for the non-surgical management of knee, hip, and polyarticular osteoarthritis. *Osteoarthritis Cartilage* (2019) 27:1578-1589.
11. Yokota N, Hattori M, Ohtsuru T, Otsuji M, Lyman S, Shimomura K, Nakamura N. Comparative clinical outcomes after intra-articular injection with adipose-derived cultured stem cells (ASC) or non-cultured stromal vascular fraction (SVF) for the treatment of knee osteoarthritis. *Am J Sports Med* 2019, Sep;47(11):2577-2583.
12. Shimomura K, Yasui Y, Koizumi K, Chijimatsu R, Hart DA, Yonetani Y, Ando W, Sakaue M, Sugita N, Nishii T, Kanamoto T, Moriguchi Y, Horibe S, Yoshikawa H, Nakamura N. First-in-human pilot study of implantation of a scaffold-free tissue-engineered construct generated from autologous synovial mesenchymal stem cells for repair of knee chondral lesions. *Am J Sports Med.* 2018 46(10): 2384-2393